

Creating healthy, active, and vibrant communities in Douglas County

Thurs. December 10th, 2015

Join us for two events

Event 1 (8am-9am):

Breakfast meeting for community leaders and elected officials

Mark will discuss what the challenges are in our community and why community design is important to consider when creating a healthy community.

Event 2 (9:15am-11:30):

Planning workshop for Practitioners

This workshop will identify the low hanging fruit, and cost effective solutions. Mark will also share some recommendations on a project, a program and a policy to achieve local goals.

Location: The YMCA 1151 NW Stewart Pkwy,
Roseburg, OR 97471

To register: Please email Healthy Communities Coordinator Shawna Hormann at:
shawnah@ADAPT-OR.org



Mark Fenton is a national public health, planning, and transportation consultant, adjunct associate professor at Tufts University Friedman School of Nutrition Science and Policy, and former host of the PBS series "America's Walking". He is the author of "Complete Guide to Walking for Health, Weight Loss, and Fitness".

Event made possible by:



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